



# Ultrasound guided biopsy using magnetic resonance volume navigation for the histological approach of additional breast lesions: a new technique

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# **Purpose**

To evaluate a new approach to obtain lesion correlation and histology using ultrasound guidance with magnetic resonance volume navigation (V NAV).

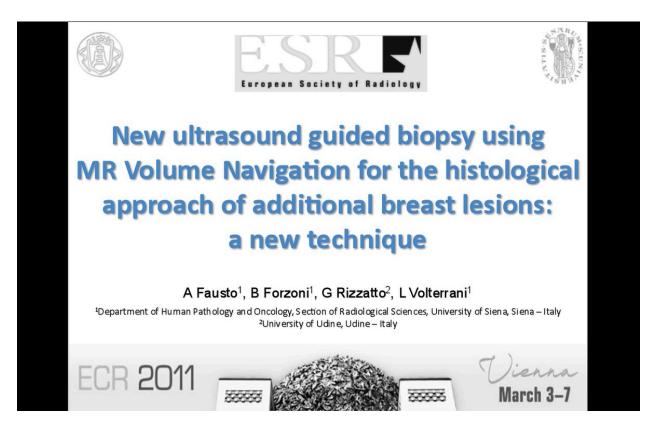
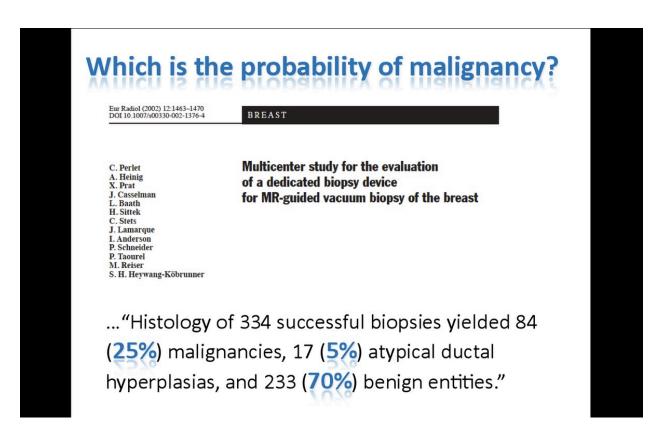


Fig. 1: Title page and Affiliation



**Fig. 2:** This first page summarize the results of this multicentric study. A huge effort, considering MR equipment time, radiologist' time and the cost of the biopsy resulted in an high percentage of benign lesions with a low cost-effectiveness. Two answers are possible: who read MR images had a low PPV; the radiologist during the 'second look' US was not so confident to correlate US appearance to MR detected lesion.

#### **Methods and Materials**

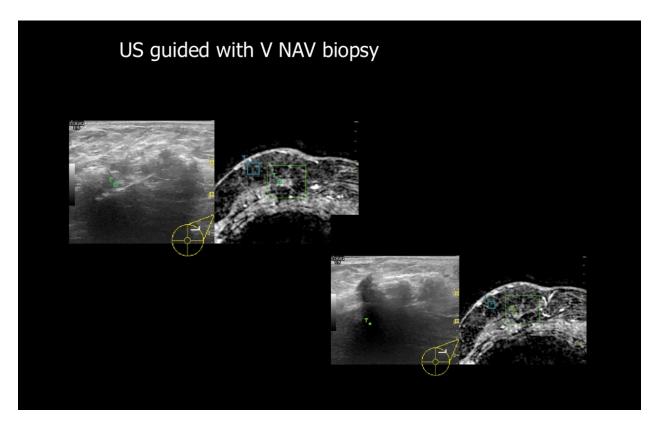
Fifteen consecutive patients (53±14 years, range 35-75) with additional only MR detected lesions underwent bilateral contrast-enhanced breast MR in supine position using flexible surface body coil. Three vitamin E pills and the corresponding drawing pen signs were used as skin reference for final alignment. Breast US and MR co-registration was manually obtained and maintained by means of a dual electromagnetic systems consisting of a magnetic transmitter positioned close to the patient and two small magnetic receivers positioned on a linear probe's bracket. Large core US guided biopsy with V Nav was used for lesion sampling and carbon clip positioning. Clip-to-lesion distance at surgical pathologic examination was used as standard of reference.



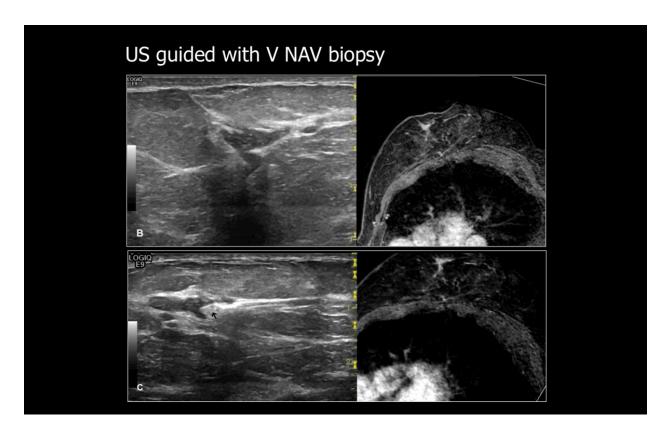
Fig. 1: US equipment with Volume Navigation (V Nav) and fiducial markers.

## **Results**

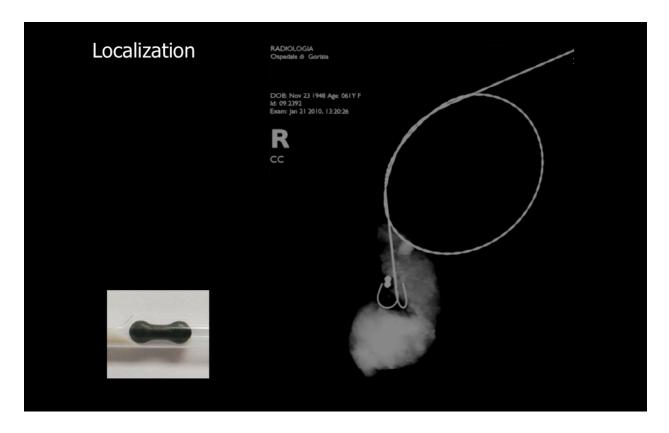
All twenty-two additional lesions had a correlation during US with V Nav. No additional MR guided biopsy was needed. At pathologic examination clip position distance from the lesion was reported 0.7±0.4 cm (mean±SD). Seventy-three percent of lesions (16/22) were malignant and 26% (6/22) were benign. Three out of 6 benign lesions were classified as high-risk lesions.



**Fig. 1:** Two example of US guided biopsy using V Nav in which lesion is well-depicted in MR images ma a GPS marker (green dot) shows where the lesion in on the US corresponding image.



**Fig. 2:** Intraductal enhancement branching seen with both images. Histological result was DCIS.





# Conclusion

Breast US guided biopsy with V Nav for only MR-detected lesions is feasible and seems to allow an accurate tool for sampling breast lesions with a strong reduction of MR guided procedures. US with MR volume navigation and fusion imaging could increase US-guided biopsy or follow-up accuracy of

MR-detected lesions.



Fig. 1: A sky view of Piazza del Campo, Siena.

## References

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# **Personal Information**